

# *Cartwheels Restaurant*

## *Starters*

*Crab and Shrimp Timbale* £6.95

Crab and shrimp served on a layer of avocado topped with crayfish and lemon mayo

*Moules à la Provençale* £5.95

Available as a Main Course @ £12.50

Local Mussels cooked in a rich combination of flavours of tomato, garlic, shallots and topped with freshly chopped oregano and basil

*Garlic Mushrooms* £4.95 *v*

Fresh button mushrooms sautéed and served in a hollowed out home mini cob loaf

*Cornish Country Pate* £5.95

Homemade pork, cider and chicken liver pate wrapped in streaky bacon accompanied with Cornish Piccalilli reduced balsamic served with a rocket salad and Melba toast

*Smoked Salmon Roulade* £6.50

Creamy smoked trout mousse with a hint of horseradish, encased in fresh smoked salmon

*Anti Pasti* £5.25

A selection of cured meats served with sun blushed tomatoes and olives

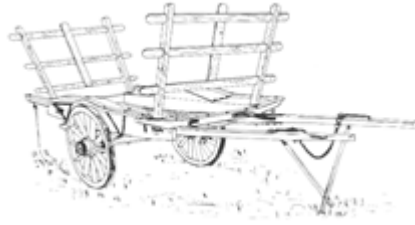
Please note Cartwheels Restaurant only uses the freshest of ingredients all dishes are prepared daily and are cook to order to ensure you the customer gets the best possible value for money.

Phone Number: 01579 344960

Web: [www.cartwheelsrestaurant.co.uk](http://www.cartwheelsrestaurant.co.uk)

Wed / Sat 16:00 – 21:00

Sun 12:00 – 14:00 / 18:00 - 21:00



# *Cartwheels Restaurant*

## *Available from The Cartwheels Grill*

*8oz Mature Sirloin of Cornish Beef* *£16.95*

Char grilled sirloin Steak cooked to your liking accompanied with oven roasted tomatoes whole button mushrooms onion rings and homemade chips

*8oz Mature Rump of Cornish Beef* *£15.95*

Char grilled Rump Steak cooked to your liking accompanied with oven roasted tomatoes whole button Mushrooms, onion rings and homemade chips

*Cartwheels Mixed Grill* *£17.95*

Rump steak, lamb chop, gammon, sausage and pork loin cooked to your liking accompanied with oven roasted tomatoes whole button mushrooms onion rings and homemade chips

## *Entrée*

*West Country Duck* *£16.50*

Pan fried breast of West Country duck finished with a summer berry and port jus served with dauphinoise potatoes and seasonal vegetables

*Stuffed Breast of Chicken* *£12.95*

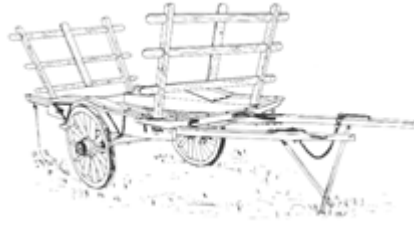
Locally sourced chicken Breast stuffed with Cornish Smuggler cheese, shallots and smoked bacon finished with a red wine and veal jus served with dauphinoise potatoes and seasonal vegetables

*Oven Roasted Loin of Pork* *£11.95*

Slowly roasted on served on a bed of sweet potato finished with a peppery Madeira sauce and seasonal vegetables

*Pan fried Sea Bass* *£13.95*

Pan fried until the skin is golden and crispy served on a bed of fennel mash and finished with a lobster volute and served with seasonal vegetables.



# *Cartwheels Restaurant*

## *Entree Continued*

### *Caramelized Red Onion and Brie Roulade (v) £14.95*

Caramelized red onion and Cornish brie, sun blushed tomatoes and basil rolled in a light and fluffy flat soufflé served with a drizzling of sweet chilli sauce. Served with dauphinoise potatoes and seasonal vegetables

### *Wild Mushroom and Spinach Linguine (v) £13.95*

Combining flavours of wild mushrooms and spinach in a creamy white wine sauce finished with freshly grated parmesan cheese

## *Salads*

### *Tuna Nicoise Salad £11.25*

A traditional and very tasty French salad made with potatoes, green beans, egg, olives and seared tuna

### *Chicken and Bacon Caesar Salad £8.95*

Free range chicken and bacon tossed through organic Cornish mixed leaves topped with boiled egg and crotons finished in a Caesar salad dressing

### *Grilled Cajun Beef Salad £9.95*

Award winning Cornish mixed leaves topped with grilled marinated Cajun Beef red peppers, onion and avocado

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